Learning to Love Again: Love at Last

A Smart Woman's Guide to Dating Again After Divorce

7 Steps To Getting Back Out There for Women After Divorce



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Intro:

Good job! Lady, you did it! You *just* took the first steps to get yourself back out there, start dating again and find love again by taking action and downloading my ebook. Congratulations for taking some first baby steps to get yourself back out there.

Of for some of you, love at last.



You downloaded this ebook to help relaunch yourself as a single divorced woman back out into the modern relationship world of Dating in the Facebook Digital Age.

You've begun the trek by downloading this ebook to be your first Trail Guide to Finding Love Again After Divorce. We've picked the trail for you to traverse, **Dating Again**, and selected your **Desired Destination**: *Finding Love with a Quality Man*.

I'm here to be your cheerleader and mountaineering guide.

You will need to take the actions steps and travel the terrain,
but I am here right alongside you to hold your hand when

needed, chart the love trail route you'll be taking, point out the pitfalls to avoid along the way, and help dust you off to keep going to win the race and complete your course to find love again. **Love, at last!**

I cannot imagine the heart ache you've felt. Each woman's story of divorce is unique. Even if you were the one who initiated the divorce, it's never easy. I hope you'll reply to this email and tell me your story so I can become acquainted with you and customize *your* **Dating Trail Course** to your specific needs.

Good for you for taking action, picking yourself back up and believing in yourself to seek out love again and date.

Good job, lady!

Even if you were the one who initiated and wanted the divorce, you may still have some anger, heartbreak and trauma, even just over the fact that somehow you might be feeling that you made a poor choice in accepting your exhusband's proposal, the cost of the wedding (did it qualify to be on *4 Weddings?*), and the opinions of friends and family members.

And what about if you're now a Single Mom and you had children together?



Divorcing and now starting back out into the world of modern dating can be a complete upheaval of wonderfully mixed feelings and emotions of trepidation, excitement, anxiety, and thrills,

combined with the feelings of being just a little bit scared and challenged by the new opportunities before you.

You didn't plan on divorcing (who does?), and now you're probably going through some emotional trials and challenges. That feeling of emotional roller coaster and upheaval is normal. It's ok. You're not alone.

Don't fret about it. I'm here to help you. I've done this myself after the death of my husband in my mid-30s and with countless coaching clients. I can help empower and equip you, too, to get back out there to seek new love, a long term committed relationship, and then...,maybe, marriage, again. It's your choice!

1. Dust Yourself Off.

Sure. You're a smart, intelligent college educated woman.

You exercise and eat right, well, for the most part. Maybe you've put on a few or really quite a bit of weight perhaps in the process of divorcing.

Maybe you discovered your ex cheated on you.

Perhaps you have kids and are just so busy with them that you're neglecting your own needs to look pretty and take care of your personal feminine grooming.



When was the last time you got your hair DONE? Your color style updated? Your hair style brought upto-date?

If the last time was before your first child or your wedding, lady, it's time to dust yourself off, pick yourself up and getteth thee to a salon.

Do some pampering. Make a day of it with 1 or 2 select girlfriends.

2. Let Him Go:

Even if you want the divorce, you might find that some part of you is still kindah sortah holding onto him in some manner.

Even though you're divorced, do you find yourself still wanting him to think you're beautiful and special? Are you still seeking him approval and admiration even just an eenie weenie little bit?

We could spend a 60-90 minute session doing this work one on one, but I've made a HSC where you can do this at home yourself with me and relisten to it as often as you like for maximum benefit.

A simple exercise you can do that has great impact is this:

Free the Butterfly Guided Meditation:

Get into a comfortable position, somewhere alone in your home where you are away from distractions, noises and other people.

In a comfy chair, maybe a recliner? A love seat, on your couch. You could lie down on your bed.

The idea is just to relax, not to fall asleep.



Now, imagine yourself in a beautiful field, perhaps by a stream, and you are lightly walking and frolicking your way through it.

Through a meadow of greenery. Through some flowers. Hear the birds. Head the breeze in the air. Good.

After a few moments, a butterfly lights down upon your arm. It's enchanting.

This butterfly likes you.

The two of you dance around the field for a bit. It's lovely. And it's delightful.

But the day is wearing on and there's a moment where You Know. You know that it's time for this delightful butterfly, to whom you've grown attached, to leave.

You might feel a little heart pang as you realize this. That's perfectly ok.

Allow the butterfly to come into the cup of your hands.



Cup it slightly in both of your hands.

Say Good bye to it.

If there are any words, words of regret, words of blame, words of appreciation for times past, say them aloud and to your butterfly.

Then, when you're ready, throw your hands up into the air and release the butterfly.

As the butterfly flies away, say, out loud, good bye to your butterfly.

Then, TURN AWAY and walk away from your butterfly. Keep your eyes ahead of you.

And when you're ready, open your eyes and come back to your day refreshed and free of him. Ready to move on with your life.

3. Heal Your Heart

Allow time to repair and heal your beautiful, soft, wounded heart. As my friend, Wise Sage therapist, Bob Beverley reminds us, we're all much more tender-hearted than we like to let on.



Take the time to do mediation and prayer as per whatever your faith community.

You might consider starting to keep a journal to write things out and transcribe quotations from books of

wisdom like the Bible and other words and quotes which inspire you.

Allow yourself time to heal.

Your heart is tender and beautiful inside, even as strong a woman as you are.

Our hearts were made tender so we would be loving. We were designed that way.

4. Release, Unhook, and Close the door

It's important to get things moving. Move all of his energy field items out of your home. Having personal items of his around clutters and clogs your mind's clarity of purpose in action and manifestation of new love. New Love won't come in your door if old love still resides there, even if it's only in the expression of old belongings of his.

Men are like dogs that way. They can *smell* the presence of another man there.

How would it look for a new guy you've started to date a little to come in for a glass of wine before you head out to see your ex's stuff still featured in the living room?



"I thought you were divorced. Isn't it final yet?" Who wants to have those conversations and explanations for why his things are still there once the two of you are fully divorced and its finalized.

Time to clear, declutter, and release to make ROOM for New Love!

Plus, it really feels just absolutely GREAT and re-energizing to get all of his stuff OUT of your home once and for all!

Open the windows and let it air out!

Light some scented candles afterwards and infuse your home with your radiant energy and feminine allure! Magnetize those new men you'll date while you qualify for New Love!

Release! Release! Release!

It's *time to let go* of all of those physical items of his and clear them out of your home. Is there a fleece top of his that you still like to curl up in and reminds you of happier times?

Metaphorically, you're still looking for him to put his arms around you and comfort you. You MUST get rid of that top! Clean it, clear it out, and donate it to your favorite charity shop if he doesn't want it back.

Rigorously go through your home, your garage, your drawers, and back of the closets to locate anything of his, put them in a box, text him to offer to return them to him with a deadline for him to pick them up.

If he doesn't want them or doesn't respond to your text, repeat it one more time to him because we are all adults here, right, give him 3 more days of grace to coordinate picking the box up from you.

At the end of the 3 days? El chucko!

Drive them right on over to YOUR favorite charity shop, not the Junior League store where you might see them again in the Shoppe, and hand them over to nice people in the back of the truck. Say a little prayer inside your head:

"I release of these items and send them off to be a blessing in someone else's life who needs them. May it be so."



Get your tax receipt. Dust your hands off like sand from your sandles and exhale.

That's ONE task done! Feels good, doesn't it?

Good job! You did it!

Anything else remind you of him?

- The espresso machine you two received as a wedding gift?
- The Bundt cake pan his mother gave you to make his favorite dessert with *her* recipe?
- The framed photos of the two of you still in the living room, or that great shot of you smiling with his arms around still on a shelf in your home office?

The kitchen items will bless your thrift shop or your ebay sales!

The photos? You might not want to get rid of them completely, because they are, after all, a piece of *your* total personal history.

However, remove them from the house, wrap them up in newspaper and store them in the garage or a storage unit. Once you are literally *paying to keep them*, you might discover a new motivation to get rid of them!

Unhook

Even if you have children together, you must disconnect from each other on *all* Social Media. Not only do you not want to be half-stalking your ex, you don't want your ex to have the ability to stalk and monitor your every move after your marriage, either.

I've had coaching clients relate to me how challenging it was to get back out and date because their ex's lived in the same area and might find them at the major dating sites and were monitoring what they did at FB.

Not only do you want to disconnect, you must go in and select to BLOCK him. Do this at Instagram and Twitter as well.

You don't need to report him for anything unnecessary, but blocking him prevents him from playing Big Brother as your ex and behaving like a Dog In The Manger with you.

You are no longer his! Not only is it time for **you** to move, it's also **time for him to let go** and move on.

Where it's appropriate for you professionally, consider making all of social media PRIVATE. FB, Twitter, IG, Pinterest, YELP, Four Square (you do not need to know about each other's checking into venues while out on dates or attending mixer events) yes, even LI. Way more people can comment there now, and you just don't need him venturing over and commenting at anything you utter online.

How you manage your phone will have to be up to you. You may still need to get ahold of each other regarding family matters and children. It might not be in your best interests to delete and block him on your phone. Do so only should it start to become a problem in either direction.



Just remember, in those first 30-90 days apart, I want you to avoid speaking to him directly or listening to his voice at all via voice messages. The female drive of the bonding hormone oxytocin can be activated just by hearing his voice!

You don't even need to see him in person or in photos online. His voice alone and retain a hormonally driven, ergo emotional, bond with him just when you want unhook, decord, and close the door.

If you two must communicate at all, please let it be via text messaging and not voice. Just tell him it's easier and cleaner for you that way.

Even if you two ended your marriage amicably, and God bless, it does happen, and bless you both if that is the case for you, you want to avoid VOICE contact. With an amicable divorce you can even go a little further and tell him that it's easier for you to help you both move on.

He doesn't need to fully understand. He just needs to abide by it. And should he call, just to pull your heart strings anew and reaffirm to himself that he still matters to you, send his calls to voicemail and then delete them.

Text him later, "I saw you called. I thought I returned all your things to you. Was there something you needed?"

Just pretend you didn't get his voice message or it didn't record well. You're not playing games. You're just keeping a boundary with an adult.

It's not like with a small child where you need to keep after them and have a responsibility to explain. You don't owe him an explanation. You owe it to yourself to keep the boundary intact.

You only see and respond to texts. Establish and strengthen this new boundary with him. He's your ex. You are not his confidante. He can hire a therapist for that. Just like everyone else does.

By doing all of these action steps – if you find yourself faltering along the way with any of them, I'm here for you.

Just reply to one of my emails and add to the front of the subject, April, I need your help, and I will endeavor to respond to it quickly just to give you a boost of encouragement.

Really, you can do this. Once done, you can then open your heart anew to a new man and the possibilities for a New Relationship.



Open to Love!

5. Reflect and Renew

Before you jump back into the deep end of dating, I invite you to do a little journaling and some personal reflection.

There are so many adorable spiral notebooks and journal at the local stationers as well as at your local dollar or pound store. US, Canadian, and Australian!

Pick one up that speaks to you and inspires you to write in it. **Blue** ink inspires the most creativity in the non-conscious brain. Refrain from using Red ink, because seeing it halts and stops our brain's creativity and emotions. We see it, and all those Teachers' correcting marks on our papers surface and unconsciously we think we're being corrected and criticized.

I invite you to **reflect on your marriage**, what happened, what went wrong, and even if 99% of it was his fault, what 1% was from you that you would want to change and work on while you date and grow before you would marry again.



Exfoliate:

You don't have to have completed 10 years of Deep Personal Development work before you date again.

But... like applying great skin care serums and creams, you want first to do some exfoliating, examining, and perhaps some extracting before you apply the love new items for them to take effect and be useful for you.

Rethink and Reframe Your Divorce: Apply Your Mind Mastery

Many people express judgments that if you divorced, your marriage failed. I invite you to think differently about it. It's not necessarily that your marriage "**failed**."

Perhaps you could instead just think of it as **your marriage ended**. It's as simple as that. No harm. No foul. You both can do some Personal Development work and move on and start up new lives and charting new courses ahead.

Now, start a new page and be sure to use a pen, maybe a roller ball ink pen you love, or a special pen which you received as a college or grad school graduation present. Those can help to remind you of your achievements and successes.

On your new page, start writing about all you have to offer in a new relationship and some, not too many, mind you, attributes you'd like to seek in a new quality man to date.

Be careful not to get too pink cloud and rose tinted glasses. Knight in Shining Armor. Multi-Millionaire. Investment Banker or Venture Capitalist who also has a foundation and does amazing charity work, while still having loads of time to spend with you and give you personal attention.

Right.

Instead, think more about Personal Attributes.

- Stability: emotional, mental, and financial.
- Good income/savings (this is more of an issue when you are over 40 and 50, by which time, home ownership should have started, and retirement saving should be well established. You don't ask him about this on the first few dates, of course, that would be rude, impertinent and déclassé.) Just cite them.



- Owns his house. Doesn't have to be a mansion.
- Great sense of humor.
- Reader.
- Active Lifestyle (what does that mean a bit to you specifically?)
- Aligned tastes and style.
- A beautiful heart.
- Family is a priority for him.
- Loyalty.
- Fidelity.

Those sort of characteristics.

If the list gets past 10 *things*, cross some out and keep it to about 5-7. You're allowed to write something longer out to begin with as a brainstorming exercise and to engage the imagining and amazing creative powers of your unconscious mind and your RAS Reticular Activating System. Just later, this afternoon, tomorrow evening, create a shorter list summarizing what you most want.

Hint: as you date and interact and enter min-relationships, you'll **revisit** this and **refine** it.

Leave him some room to be foibled as are we all, right? I know, I'm fabulous and perfect, too! lol.

6. Relaunch YOU!

Online Dating Sites and Apps:

There really are a gazillion. You don't have to pick the one that's perfect for you right out of the gate. In fact, I recommend you don't start with the very best top 5-10 sites. I rather you started with the free sites and dabbled a bit to get used to online dating, the protocols and best practices.



Do some non-essential dating to do as they say in Hockey, "Get off your schneid." That's get your first goal. Get your first date, or two or ten. Get back into the swing of things without setting a lot of massive Relationship Results expectations.

Practice and re-establish your Dating Skills and learn about it, you, and how you interact and attract men now at a different time in your life and career than you did before you married your ex. I bet you start to notice how you are different now.

The Friends and Family Plan:

I sound so 90s MCI landline phone plan. The Friends and Family Plan is still what a lot of single women are half relying on, and we've all had some great success stories we have of 1 friend in the thousands of people who met her darling husband that what.

God bless. Just, the problem is, in our modern age, many of the social institutions (typically our faith communities and those of our F&Fs) were the places where being a Set Up Helper was being inculcated.

Not so much anymore.

Sure, there's that cute scene in the late 1980s classic Romantic Comedy, When Harry Met Sally, where the 3 New York single women compare business cards of single men who were good but not good fits for them, seeking to refer them out to a friend, and by friend, I mean single-and-actively-looking girlfriend.

But those Sunday brunches with the 3 single relationshipseeking girlfriends are fewer and far between at this stage in your life, aren't they, especially now after 40 and 50? More of your girlfriends who you probably went out with before you were married, how many of them are married now? Most of them? All of them?

How many have moved away and you no longer see each other weekly or even monthly? The Girls meeting weekly in Sex and the City?

Remember, that was the rose tinted fantasy of female friendship.

The reality? It can take *weeks* just to schedule a coffee with 1 girlfriend, let alone 3!

Exactly my point.

Yes, **do** let all your friends and family know you're officially Back On The Market again, just know, this is a low yield producing tactic.

I'll also let you in a secret, so you invest your time productively. **It's mostly the women** friends and family member who will actually think to do any of this.

Most men just don't think like this for romance. For their careers and professional lives, sure, but not romance.

Dating Services:

Are you a busy professional woman who doesn't have the time to devote to dating for the next 5 years to get the results you want the slow method way? Or is all the trial and error of the online dating or bar hopping scene just not your thing? If so, then consider hiring a *Dating Service* to do all of the work for you.

Hiring a *Dating Service* is much like hiring a Real Estate Broker. A *Dating Service* will do a needs assessment of what you want, your requirements, and were.

If you want to move or stay in the same area where you reside now, a great *Dating Service* will conduct all of the research and vetting work for you, and give you a *Personal Dating Plan* customized for you, your taste, and your style.

All you'll have to do is spiff up and show up, attending bespoke events for you, and putting together a social life tailored to meeting singles and mingling at great events, not just any event.

Your Social Calendar will be full, but not with just busyness. Instead, they will be fruit bearing targeted events. There's a certain amount of magnetizing that you need to do yourself by being out there in the midst of things and interact socially with others and men in particular to attract just the right man to you.

More Matchmaking Services are on the Menu, but those bigger financial investments are best done once you've out dating again for a year or two, preferably under the guidance of a mentor, a solid Dating Coach.

Dating Coaches:

Dating in the Digital Age is no longer the easy process it once was. Then again, years ago, women were to marry just out of college, getting her Mrs. being more important than her bachelors.

Women over 35 were considered "Over the Hill" and put out to pasture. Now many college-educated women aren't even marrying for the first time *until* after 35. How about you?

If you've been out of the dating scene for awhile now since your marriage, feel trepidatious about jumping back in the deep end, and don't really know where to start, working with a Dating Coach can be the smart thing to do.

Working with a dating coach is like working with a skilled personal trainer. It's similar to selecting a great Mentor for you. You can go with the PT at the gym who hasn't been doing this very long, but looks great.

Or you can go with a recognized expert, who has achieved what you want.

Has or is your coach been married? Does she know how to date well in addition to how to work at a relationship, not just plan a great wedding? It's cheaper to work with a great coach within a Dating Service than it is to pay all those Divorce Attorney fees again, isn't it?

A solid Dating Service and Coach will be working together in tandem to meet you and your specific needs for where you are now. The better Dating Services offer coaching as an option for optimal results.

Having worked with thousands of men and women now for over 17 years, I offer both in tandem with each other for your best experience, personal growth, and results you seek.

http://www.AprilBraswell.com/products/

Lastly, you want to work with someone whom you resonate. Not every great coach is for everyone. I encourage potential clients to watch some of my videos to get a feel for me, my story and to check if I'm the right one for her first before applying to work with me.

I'm here to help and to empower you to live your best life with your best relationship, not just any guy.

Some of the topics a Dating Coach will cover and equip you to with self-assurance:

- The **best places to meet quality professional men** based your lifestyle and interests
- How and where to meet men naturally and organically IRL in the course of regular, daily life without coming across as desperate or too aggressive
- The Keys to Flirting with confidence and ease, sharing your feminine essence, comfortably and confidently, even if you're shy
- Understanding the Give and Take Play of Texting, and how not get to it prematurely
- How to Get to THE First Date, and once there, to get
 MORE Second and Third Dates, and so on and so on
- The Essential Keys to attracting just the right man for you
- Winning at Online Dating, navigating the whole process, while avoiding the pitfalls, and meeting quality men
- Discover what turns off and repels quality men
- Weeding out the wrong guys and attracting a man

- What you might be doing that turns men off, repels them, and makes them want to give up on dating
- Behavior that Burns the Playing Field for everyone else after you
- How to be a successful business woman be feminine,
 smart and modern in romance in ways that attract
 men
- How to handle rejection and get back up again and back out
- Learning to date well even with some insecurities
- Handling intimacy but not too soon
- Discover what modern successful men seek in a girlfriend who is wifeworthy material
- Learn the different Stages of a Long Term
 Relationship and how to segue into an exclusive relationship the right way
- Learn how to set the pace of love to avoid heartache by taking things to fast too quickly
- Reveal how to move from dating, to exclusive, to engagement - again!

•	Effective healthy communication methods which
	create and nourish a healthy life-long love
	relationship

 How NOT to immasculate a man in your communications with him without being a blob or a doormat

7. Fly, little bird, fly!

You don't have to wait until you feel **100% ready** to date again to get back out there. By doing so, those last shards of doubt and trepidation will fall off and you'll start dating again, meeting and dating new men, building and expanding your social circle to include new girlfriends of different ages who are Single and Looking, proactively looking.



They'll be your support system in between our emails and coachings.

They can be a great resource of support and leads for new activities and events to attend

locally.

But if they were a great dating coach or matchmaker, they'd be engaged or married now, wouldn't they. They're great for some things, but not for everything, right?

Once you're dating...

When should you tell your children you're dating again?

I think it's sends a good and healthy message to your children to let them know as early as possible in the divorcing process that mommy and daddy, or mom and dad, will each begin to date other people anew. Reassure them that they will not be any less important to you than they are now and that you will always love them.

Be their mom, not their buddy. And be careful to avoid falling into the **Single Mom Trap** of allowing their lives and wishes, not their core needs, to always take priority over **you**, **your** life, and **your** needs.



Remember the flight safety instructions for parents? Put your own oxygen mask on first. If you're not grounded and setting a good example to your kids, who will?

Avoid being too self-sacrificing. You'll repel men and also create some co-dependent dysfunction with your kids. They need your guidance.

Older kids, adolescents and teens, in particular can both push you on this, like with everything, right? And at the same time, they want you to go out and meet someone new and model **Healthy Dating** to them.

They sure aren't learning that from their peers. Let it be from you and how you comport and value yourself highly.

Work It in Casually and Normally

As you're dolling yourself up after work, fixing your hair, refreshing and perhaps deepening your makeup for an evening date, dressing in a cocktail/date dress and no longer in your work suit, you could say,

"Ladies dress up to look their best on a date. It shows respect and consideration to him and to me that I made the effort to look great.

Could you pass me my lipstick, please? Thank you, dear. He's picking me up at 7.

Gentlemen always pick ladies up for the date once they're acquainted. It's gentlemanly. Wish me luck!"

You don't have to make this a full Maxims Morals and Character Lesson. Just **share a few tidbits** about dating mores that are perennial.

- Respect
- Courtesy
- Looking our best
- Gracious Manners Etiquette

All while remaining true to our style.



Obviously if this is a cycling or hiking date, you're not wearing your Loubetains, right? Sunscreen? Yes!

If your "kids" are adults, please don't wait until the holidays and show up for a special occasion dinner with your Gentleman Friend to spring it on them.

That's what Facebook photo postings are for... I'm joking!

Make a phone call. Just tell them you've started dating again. Please endeavor to do this before you show up with a new ROCK on your left finger.



Better to let them know casually before there is a New Man in your life.

When should you introduce your new beau to your children?

I'm conservative about introducing a beau to your kids. I know some single parents who will bring their child or children with them on an early date to test how well your date does with your kids.

But that's too soon.

It's both irresponsible to your children, to like and bond with a new adult, only to have it not work out well between the two.



Secondarily it places an undue pressure and expectation on your date to impress both YOU and your children.

Better to enjoy the freedom of constraint and get acquainted outside the all-assessing eyes of your kids.

Let your dating run its course a little. Once your beau really is your beau, he has told you, "I love you," and the two of you are **exclusive**, **monogamous**, and **marriage focused**, just not quite yet, then AFTER he has introduced you as his serious girlfriend to his parents, would you arrange for a meal and outing together with him and your kids to meet and connect.



If you're "kids" are older, than the First Meet and Greet might be dinner at your house.

Don't force them to meet you new man out in public at a restaurant.

Often older kids can have more but different issues with a New Man in your life than young kids who move through issues must faster.

Allow them a little space to have those feelings in the privacy of your home where they could step out back to share an after dinner coffee with you and breathe.

Is it Your Time Now to Embrace Dating Anew and Venture Out into a Future with a New Man for You?



If you truly want the right man for you and create a life long love, then it's going to require you putting a concerted effort into dating and making it a priority in your life.

It's time to let go of wishful thinking that "if it's meant to be, it'll just happen." Like we plan our careers, our professional education and mortgage payments that way, right? Right!

Dating is a journey and a learning process. Sure, not every date turns out great, but it's important to see this time of **your life** as a **exciting new adventure**, seeking out meeting new **quality men**, going on dates with them, and refining what you seek until... next thing you know, you're in that LTR you've been secretly hoping and yearning for.

You're a New You with a New Man!

I wonder when you'll meet him? Could it be in the year ahead?



with Just One Question.

If you need help getting back into the swing of dating now again after your divorce, take a look at my *Dating Services*Options to see which is the best fit for you now.

Maybe you want to start

Or maybe you're dipped you toe in the Online Dating Pool, but you're not getting the results you'd been hoping for and you're wondering what you're doing wrong. Then start with my **Custom Online Dating Profile Service**. Men and women say my approach is so bespoke, I'm their *Online Matchmaker*. It comes complete with 1 hour of Dating Coaching launch your new profile to maximize its efficacy.

http://www.AprilBraswell.com/products/online-dating-profile-writer/

Or maybe you want to be in the **Fast Lane** of the **Freeway of Love**, and you want to add **Dating Services** to get your own **Custom Dating Plan** to get you out and about in all the right places where you live to meet more men and find love - fast!



Even if that is you, pull in the reins just a little bit, lady and let's do a few small steps first, shall we?

That way when you devote more time and

money to your search, you'll get way more out of than if you raced to the starting gate unprepared.

Before we discuss Online Dating and the 2 profile packages, just snag your copy of my ebook at Amazon:

Get Swipe Right: www.amazon.com/Get-Swipe-Right-Internet-Profile-ebook/dp/B07KSYKV9G/

Read it and start implementing the rules and suggestions. That'll save 30 minutes of our coaching time to devote that to more of your custom needs. Pretty cool, huh?

Then, take 30 minutes and brain storm where you want some help. You might come up with quite a list. Then start with my *Just One Question* service.



It's ok if it's really 1 Question about starting back in again with a few compound secondary questions to fine tune your specific scenario:

CLICK HERE to Purchase: www.AprilBraswell.com/ask-april/

ABOUT THE AUTHOR:



April Braswell

April has been working with thousands of single men and women to find love, to work on any of their obstacles or personal barriers to push through them and find the love they're looking for.

In her coaching, Dating Services, Home Study Courses, and Seminars, she helps singles by lifting and upshifting their dating lives, creating a bespoke *Personal Dating Plan* and to follow through on to find and attract quality dates, traverse the different phases of a relationship and get engaged... married.

This is her life purpose work, to empower and equip men and women to move through their personal walls to create true intimacy and lasting love in relationships.

April has been seen in the media in The States, Canada, the UK and Australia in: In Touch Weekly Celebrity Relationships Consultant, Toronto Sun News, MetroNews.ca, TomDickSally.com, HowAboutWe.com, Jewish Daily Forward, Dr. Gina Smart Life TV, The Boston Globe, The Kansas City Star, Oakland Tribune, Detroit Free Press, ContraCosta Times, Woman's World, The Woman's Weekly, and The Press Atlantic City.

MBLN: Money Business Life Network she appears as a weekly guest addressing topics of Personal and Professional Influence and Persuasion.

The D.A.M. Show X107.5 Ask The Expert shows regularly in Las Vegas.

She is the author of best-selling <u>Get Swipe Right</u> Online Dating Book Series, a leading, internationally recognized dating and relationship expert and coach for midlife single men and women in their 40s and over 50 marriage-minded singles seeking a LTR.

She is a regular contributor to Examiner and is the Midlife/Senior Dating and Relationship columnist for DatingAdvice.com. She has won repeated awards as the top Midlife Dating Expert and one of the top 10 Senior Dating Blogs by DatingAdvice.com. She has appeared as a weekly guest on the tv show, Dr. Gina on the Money Life Biz Network in San Diego County, repeated radio guest on the KDAM CBS Radio Show in Las Vegas, and much more!